



COVID Policies & Regulations

Movements Academy of Dance is committed to protecting the health and safety of our staff, dancers, and families. The information in this document is meant to provide information for all individuals that attend *Movement Academy of Dance* during the 2022-2023 season.

If your dancer has been ***exposed*** to someone with COVID-19 or ***tested positive*** with COVID-19 the following procedures must be followed.

- Quarantine for 5 days and observe for new symptoms daily.
- After 5 days, you must note any symptoms and take a COVID-19 test.
- If your dancer tests positive, they must isolate for a further 5 days and continue to observe any symptoms
- If you test negative after 5 days, please email a picture of your negative covid test to our main office for our records.

Please feel free to contact our main office with any questions, thank you!

*****Please understand that this information can change at any time due to the uncertainty of the pandemic*****

(Updated on August 9th, 2022)